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January 9, 2020

You may have learned of the crash of flight PS752 in Iran on Wednesday morning. 176 people lost their lives and many were Canadians or international citizens living in Canada.

Our city and our community have been directly affected by this tragedy. I am deeply saddened to inform you that six U of T students, including two from Arts & Science, were among those included on the flight manifest.

My thoughts are with their families and friends and with the loved ones of all those who died.

The President has issued a statement and <u>more information is available</u> on U of T News. Please continue to look there for updates in the days to come. As information regarding supports and plans become available, I will be sharing them with you.

This affects many in our community deeply and I have included below a list of the supports available to you. Please seek help if needed, and be there for each other and for those around you who may be suffering at this very sad time.

For Students:

The Health and Wellness Centre (416-978-8030), located at Koffler Student Services

My SSP for U of T Students 1-844-451-9700. Immediate counselling support is available in 35 languages and ongoing support in 146 languages.

<u>Good 2 Talk</u> Student Helpline 1-866-925-5454. Professional counselling, information and referrals for mental health, addictions and well-being.

Faculty and staff have access to 24-7 support through:

The <u>Employee & Family Assistance Program (EFAP)</u>, offered through Homewood Health, online and by phone at 1-800-663-1142

For Community Members:

- Gerstein Crisis Centre 416-929-5200
- <u>Distress Centres of Greater Toronto</u> 416-408-HELP (4357)
- The Centre for Addiction and Mental Health at 250 College Street
- Anishnawbe Health Toronto Mental Health Crisis Line 416-360-0486

Additional information at: https://www.studentlife.utoronto.ca/feeling-distressed

Sincerely,
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