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Pregnancy/Parental/Adoption/Primary Caregiver Leave Planning Seminar

March 4, 2020

University of Toronto Family Care Office

Session Dates
Faculty: Monday, April 6
Staff: Friday, March 13, Thursday, April 16, Wednesday, May 13

Time: 12:00 – 2:00 pm

Location: Koffler Student Services Centre, 214 College St., Room 313

Please register early. Registration closes 1 week prior to each workshop.

Becoming a parent is one of the most monumental experiences in a person's life. Unfortunately, children do not come with foolproof instructions!

Combining a career and family life presents special challenges. This workshop adopts a highly practical approach to preparing faculty, staff and librarians for pregnancy / parental / and adoption leave, and for a successful return to work. While you may attend the seminar at any point during your pregnancy or adoption process, the ideal time is about three months prior to the arrival of your child. Topics will include:

- Forms and more forms – a guide to government maternity / parental benefits & U of T policies
- Planning your return to work
- Resources on campus and in the community that will make your life easier
- Do we really need all that equipment? – a guide to baby paraphernalia
- Helping older children and pets to adjust
- Enjoying it all!

Please register early, space is limited! All University of Toronto staff and faculty are welcome. If you have any access needs to ensure your full participation in this event (examples might include sign language

interpretation, mobility issues, or any other accommodations), please contact the Family Care Office and we will work with you to make appropriate arrangements.

Register Here

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